



# FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF  
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

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November 2019

Volume 10 Issue 11

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**It is very difficult to suppress the affinity of an individual, his capacity, that is, to receive or give love, without also suppressing his communication and reality factors.**

**-SCIENCE OF SURVIVAL**

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## NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

**FREE THETAN**  
**Volume 10 Issue 11 November 2019**

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The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists. It is available as a free download from the APIS website or by subscription. The Association of Professional Independent Scientologists is the operating name of the International Freezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

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### Important

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

~o0o~

<p><b>The FREE THETA</b></p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect &amp; Promote</i> <a href="http://independent-scientologists-association.net">http://independent-scientologists-association.net</a></p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

**Dear Reader,**

It is worth remembering that more communication is always better and problem resolving than less communication.

It may seem sometimes that one's communication is not accepted, or is rejected or even attacked. Keep in mind that this is a response, of sorts and can give one the opportunity to change conditions for either one or both parties.

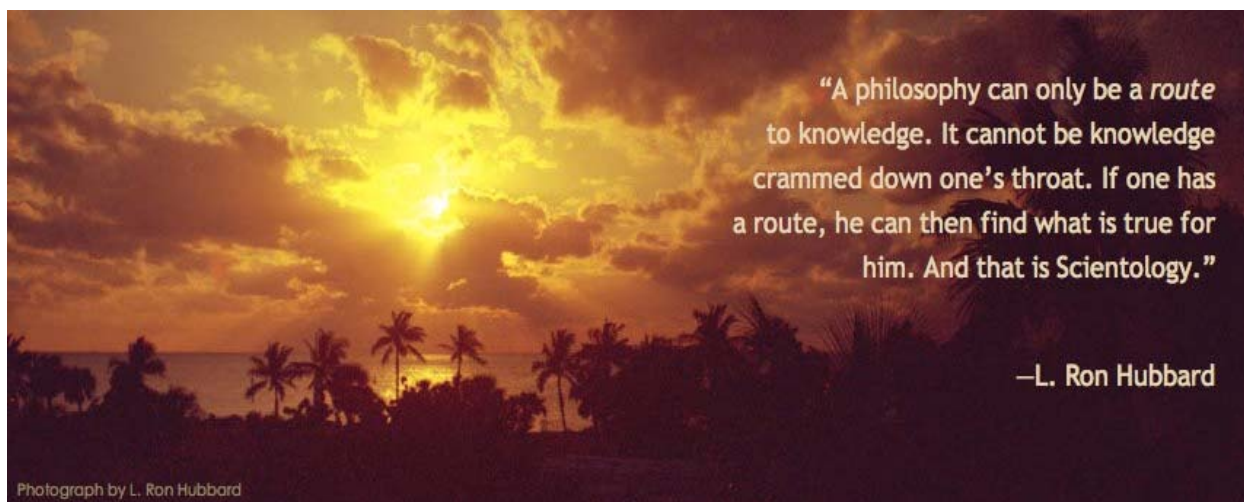
Remember that communication is a universal solvent and, with the right questions, attitude and granting of beingness, any issue can be resolved.

Until next time.

Much arc,

Michael Moore  
Editor

~oo00oo~



## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

#### South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

[Karendelac@gmail.com](mailto:Karendelac@gmail.com)

Southern Cal tech Team

#### Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

[scttservices@gmail.com](mailto:scttservices@gmail.com)

#### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

Silvia Llorens

All Standard Bridge

[slllorens71@gmail.com](mailto:slllorens71@gmail.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



## A DESCRIPTION OF SCIENTOLOGY

My purpose is to bring a barbarism out of the mud it thinks conceived it and to form, here on Earth, a civilization based on human understanding, not violence.

That's a big purpose. A broad field. A star-high goal.  
But I think it's your purpose, too.

While Scientology encompasses a broader scope than any previous Eastern or Western religion ever has, it should be realized that a great deal of what is known today in Scientology, with an added exactness of understanding, was already known and lost thousands of years ago.

What we are DOING with this data is NEW. The technology for bringing about a new state in man is new. But the basic hope of man as it appears today in Scientology is thousands of years old. And when we call Scientology a religion we are calling it a religion out of a much deeper well than only the last two thousand years. It is a wisdom in the tradition of ten thousand years of search in Asia and in Western civilization.

Scientology stands complete today, with the oldest philosophical tradition of man, with new discoveries about man, and with a technology of tremendous power and breadth which treats the livingness and beingness of man, and demonstrates to him a pathway to greater freedom.

Subjects which were consulted in over a third of a century of organization and development of Scientology include the Veda; the Tao of Lao-Tze; the Dharma and the Discourses of Gautama Buddha; the general knowingness about life extant in the lamaseries of the Western Hills of China; the technologies and beliefs of various barbaric cultures; the various materials of Christianity; the mathematical and technical methodologies of the early Greeks, Romans and Arabians; the physical sciences, including the various speculations of western philosophers such as Kant, Nietzsche, Schopenhauer, Herbert Spencer and Dewey, and the various technologies extant in the civilization of both the Orient and Occident in the first half of the twentieth century. Scientology is an organization of the pertinencies which are mutually held true by all men in all times, and the development of technologies which demonstrate the existence of new phenomena not hitherto known, which are useful in creating states of beingness considered more desirable by man.

But the philosopher had ordinarily spent most of his working years in his ivory tower and was pretty well isolated from his subject. To know life you've got to be part of life, you must get down there and look, you must get into the nooks and crannies of existence, and you must rub elbows with all kinds and types of men before you can finally establish what man is. I lived with bandits in Mongolia and hunted with pygmies in the Philippines—as a matter of fact I studied twenty-one different primitive races—including the white race—and my conclusions were that man, regardless of his state or culture, was essentially the same, that he was a spiritual being pulled down to the material, and I concluded finally that he needed a hand.

In 1932 an investigation was undertaken to determine the dynamic principle of existence in a workable form which might lead to the resolution of some of the problems of mankind. A long research in ancient and modern philosophy culminated in 1938 in the heuristically discovered primary law. A work was written at that time which embraced man and his activities. In the following years further research was undertaken in order to prove or disprove the axioms so established.

My first effort was to find a common denominator to all men. Having seen man in his more primitive states and his highly cultured states I knew that if we could isolate a common denominator that embraced all men, then perhaps from that we could unlock this riddle.

I discovered that the common denominator of existence was SURVIVE. Whatever else man was trying to do, whether he was cultured or primitive, he was attempting to survive. Well, what of such things as morals, ideals, love? Don't these things go above "mere survival"? Unfortunately or fortunately, they do not. Ideals, honesty, love of one's fellow man—one cannot find good survival for one or for many where these things are absent. Even the most esoteric concepts fall within this understanding. Survival is not a matter of being alive this moment and dead the next. Survival is actually a graduated scale.

The Dynamic was discovered to have eight sub-divisions with each single Dynamic then being the urge, thrust and purpose of Life—SURVIVE! -- in any of one of eight manifestations.

The First Dynamic is the urge toward survival of self.

The Second Dynamic is the urge toward survival through sex, or children.

The Third Dynamic is the urge toward survival through a group of individuals or as a group.

The Fourth Dynamic is the urge toward survival through all mankind and as all mankind.

The Fifth Dynamic is the urge toward survival through

life forms such as animals, birds, insects, fish and vegetation, and is the urge to survive as these.

The Sixth Dynamic is the urge toward survival as the physical universe and has as its components Matter, Energy, Space and Time (from which we derive the word MEST).

The Seventh Dynamic is the urge toward survival through spirits or as a spirit. Anything spiritual, with or without identity, would come under the Seventh Dynamic. A sub-heading of this Dynamic is ideas and concepts such as beauty, and the desire to survive through these.

The Eighth Dynamic is the urge toward survival through a Supreme Being, or more exactly, Infinity.

Covering the first four of these Dynamics, Dianetics became, of all the past studies of man, the grandpa, the immediate ancestor of Scientology. Dianetics was the basic discovery which led to and was the reason for Scientology.

None of the postulates and early discoveries in this research outlawed any concept concerning the human soul or divine or creative imagination. The optimum survival conduct pattern was formulated and then studied for exceptions, and there were no exceptions found. It was understood perfectly that Dianetics was a study in the finite universe only and that spheres and realms of thought and action might well exist above this finite sphere. But it was also discovered that none of these factors were needed to resolve the entire problem of human aberration and irrational conduct.

The human mind and basic human character was found to have been most grossly maligned because man had not been able to distinguish between irrational conduct derived from poor data, and irrational conduct derived from another, far more vicious source.

The Reactive Mind was discovered. It had managed to bury itself from view so thoroughly that only inductive philosophy, traveling from effect back to cause, served to uncover it. The Reactive Mind is a portion of a person's mind which works on a totally stimulus-response basis, which is not under his volitional control, and which exerts force and the power of command over his awareness, purposes, thoughts, body and actions

Stored in the Reactive Mind are engrams, and here we find the single source of aberrations and psychosomatic ills. These engrams are a complete recording, down to the last accurate detail, of every perception present in a moment of partial or full unconsciousness.



In all laboratory tests on these engrams they were found to possess “inexhaustible” sources of power to command the body.

The Reactive Mind comprises an unknowing, unwanted series of aberrated computations which bring about an effect upon the individual and those around him. It is an obsessive strata of unknown, unseen, uninspected data which are forcing solutions, unknown and unsuspected, on the individual—which tells you why it remained hidden from man for so many thousands of years.

The isolation and resolution of the Reactive Mind was a major breakthrough for man. The exact moment of the breakthrough is recorded at the public level with the book, DIANETICS: The Modern Science of Mental Health, and if people have not read this book, they just will not have broken through, whatever else they have studied. And when people are asking you questions about Dianetics and Scientology, no matter how obtuse or abstruse the questions are, your best answer to these is still my earliest answer and that was DIANETICS: The Modern Science of Mental Health. This book burst on the western world in May 1950, shot to the top of the leading “best-seller” lists and stayed there, and stayed there. It still sells more copies around the world than the average best seller in any given year.

Man had no inkling whatever of Dianetics. None. This was the bolt from the blue. Man was hacking and sawing and shocking and injecting and teaching and moralizing and counselling and hanging and jailing men with enthusiasm without any idea at all of what caused Man to behave as he did or what made him sick or well.

The answer, and the place where one begins, was and still is Dianetics. It is Man’s most advanced school of the mind. Though they hold in common certain basic tools, Dianetics and Scientology are not identical subjects and their technologies are not the same. But the early days of Dianetics were the early beginnings of Scientology. Dianetics is the route from aberrated (or aberrated and ill) human to a well, happy, high-I.Q. human being. This breakthrough had never before been achieved in Man’s history. Scientology is the route from there to total freedom and ability as a spiritual being.

Oddly enough, the step from a human being to a spirit had been achieved, if rarely—Buddhism, other spiritual practices, even Christianity—but it was not generally credited. Scientology really achieves it and for the first time with TOTAL stability, no relapse and invariably one for one. Nevertheless man had an inkling of the goals of Scientology even though he considered them almost beyond God. But man had no inkling whatever of Dianetics.

There are two distinct divisions in Scientology. The first is philosophic, the second is technical. Under the philosophic heading one discovers the ways and means of forming new ways of life and evaluating or creating standards of livingness and beingness. By this knowingness alone and without processing (individual technical applications), it should be understood clearly that a new way of life could be created, or an old way of life could be understood and better endured or altered. Under the technical division we have a long series of developed processes

which, applied immediately and directly to life or an organism thereof, produce desirable changes in the conditions of life. This division comprises Applied Scientology or Scientology, Applied Philosophy and contains standard technology.

Scientology concludes and demonstrates certain truths. These truths might be considered to be the highest common denominators of existence itself. They have the aspect of precision observations rather than philosophic hazardings. When treated as precision observations, many results occur. When regarded as philosophic opinions, only more philosophy results.

I looked early and long at man to find out what methods he used to survive, how he adapted himself to environments in his attempt at survival, and what I found was that man advanced to the degree that he preserved his spiritual integrity, that he preserved his values, that he remained honest, that he remained decent—and I found that he disintegrated or deteriorated to the degree that he abandoned these things.

The average man is up against problems. He's asking himself, how can I make more money? How can I make my wife faithful to me? How can I help my children grow up? These questions absorb a tremendous quantity of his energy. But he can't do anything about it because he is so immersed in it. So in Scientology processing he resolves these questions, he understands what he's doing, and he turns from a man who is simply a puzzled static being into somebody who is more than that.

We see governments and societies desperately trying to help man. They're trying, however, to solve his problems for him and their efforts to do this have not resulted in any great advance for man.

Now the real work is to put an individual into a mental condition where he can confront his own problems and solve them—to put him in a position where he can confront life better, where his reaction-time is better, where he can identify the factors in his life more easily. And so he looks around, starts solving his own problems and betters his own life. That is an essential difference between Scientology and other efforts to help man.

We have in the technical division of Scientology basically two activities—processing and training. Scientology processing is done on the principle of making an individual look at his own existence, and improve his ability to confront what he is and where he is. An auditor is the person trained in the technology and whose job it is to ask the person to look, and get him to do so. There is a large technology for this but an auditor has to be able to get his ques-



tions answered and the individual who is being processed finally has to answer the questions. The question is asked until it is totally answered and the person is totally aware that he has answered it. The word auditor is used because it means one who listens, and a Scientology auditor does listen.

As people come into Scientology (and they're coming in in very swiftly increasing numbers all over the world), normally what they do first is read a book, and then they may read quite a few books, and go around and about Scientology for some time.

They attend some of the Introductory Courses, and then they will get some processing—often beginning with Dianetics. They begin to get along better physically, and then to make increasingly larger gains. Their I.Q. goes up, their abilities increase, they are more capable of handling their lives—and they are prepared for the gains of Scientology.

And when one then decides to be an auditor he or she goes to an Academy of Scientology and studies and learns how to audit and so help others. And here again, one can begin with Dianetics, the first training ground for an auditor.

You'll find throughout Scientology that the gradient approach is a primary and regulating factor. And a gradient approach has been very, very important in this line of research. The principle is incidentally quite new. The essence of a gradient is just being able to do a little bit more and a little bit more and a little bit more until you finally make the grade.

We live in a world that is desperately in need of some good order—it isn't aberration on our part that we say some things ought to be changed. Actually I rarely tell you things should be changed—I simply tell you that a world has to be created. I don't even assume one exists. I figure that this one's on its way out and that somebody had better put one in its place. Just how we go about doing that is up to you and up to me. This is what we call Scientology: Applied Philosophy.

People think of professional practitioners as doctors, who, aloof from other concerns, practice on the sick. This is a very novel idea, however. It was dreamed up, probably, by the first lazy witch-doctor, and used forever thereafter by most mental specialists. I want to banish that idea from amongst us all.

If we are doctors (by which might be meant "repairers") then we are doctors on the Third and Fourth Dynamics, the Dynamics of groups and of mankind as a whole, and we handle the First (self) and the Second (sex and family) only to achieve better function on the Third and Fourth.

The Third and Fourth Dynamics subdivide. Any Third breaks down into many activities and professions—a neighborhood, a business concern, a military group, a city government, etc. The Fourth breaks down, just now, mainly to races and nations.

So you see that the idea people sometimes have that a Scientologist must be an auditor who audits individuals in private sessions is too limited an idea.

We find ourselves for instance today with the job of cleaning up the whole field of mental health. That is at least what it calls itself. Mental “health” has been perverted for something over a half a century into an excuse for a Belsen or an Auschwitz. It’s an operating climate of danger and chaos. That field couldn’t even begin to clean itself up. It was unaware of or cold to human rights. It had no technology that worked, upon which to base any actual professional ethics. As we do in Scientology have the technology and the ethics, we inherited the job. It’s like trying to pull a wounded water buffalo out of a wallow, but we are doing it.

Where we have made the breakthrough in Scientology and where we have made progress, we have done so in accomplishing the goals which man has had as long as he has been man. What he has considered good and what he has considered desirable in the field of philosophy, we have accomplished technically. We have now arrived in Scientology at a point where man should have been for the last five thousand years. There has never been this technology before. You are in a very fortunate position of not having to develop the technology of auditing. A good auditor has found this out. He uses the tools he’s got and he uses them well. There is a tremendous amount of understanding involved here.

There are millions of words written on the subject of auditing technology. An auditor can be pretty staggered to suddenly realize how much he really knows.

Auditors are dedicated and sincere in getting this job done. There has never been a more sincere group on the face of the Earth than those who are in the ranks of Scientology auditors. We wouldn’t have started on auditing if we weren’t good people who wanted to help our fellow man. We are the first people to appear on Earth since its first solidification out of nebulous vaporings who can get this job done, and who really know what we are doing.

The very truth that we know, its simplicity and ease of grasp, the very honesty with which we approach our task, give us probably the largest barriers we have to overcome. Man has been defrauded so often, persuaded so wrongly, and has returned to the same old rut so inevitably and in such a defeated frame of mind, that he is not able to grasp easily the firm and friendly hand of the auditor which is being reached out to him.

The route to highest states of existence has been sought long by man in the fields of religion, mysticism, spiritualism, philosophy, mental arts, metaphysics, science and allied studies. Vast libraries could be filled with the scraps of information gathered in the course of this search. The great achievement of Scientology has been the culling of truth from this sea of data and finding that the truth was a tiny group of data possessed of the overwhelming power of changing all other facts in this universe and in livingness.

Extract from Scientology 0-8 The Book of Basics 1950.

L. Ron Hubbard

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# THE BRIDGE TO TOTAL FREEDOM

## SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING					PROCESSING								
Author's Class	Certificate	Course	Prerequisites	Sections	Phase	End Result	IC Deck	Name of Deck	Subject	Prerequisites	Class of Author	Where Taken	Activity
<b>Class XII Auditor</b>	Class XII Auditor	Class XII Auditor	None	Public Class XII Auditor	Flag only	Public Class XII Auditor	OT XV	OT XV	OT XV	None	None	None	Confidential and released
<b>Class XI Auditor</b>	Class XI Auditor	Class XI Auditor	Class X Auditor	Public Class XI Auditor	Flag only	Public Class XI Auditor	OT XIV	OT XIV	OT XIV	OT XIII	None	None	Confidential and released
<b>Class X Auditor</b>	Class X Auditor	Class X Auditor	Class IX Auditor	Public Class X Auditor	Flag only	Public Class X Auditor	OT XIII	OT XIII	OT XIII	OT XII	None	None	Confidential and released
<b>Class IX Auditor</b>	Class IX Auditor	Class IX Auditor	Class VIII Auditor	Public Class IX Auditor	Flag only	Public Class IX Auditor	OT XII	OT XII	OT XII	OT XI	None	None	Confidential and released
<b>Class VIII Auditor</b>	Class VIII Auditor	Class VIII Auditor	Class VII Auditor	Public Class VIII Auditor	Flag only	Public Class VIII Auditor	OT XI	OT XI	OT XI	OT X	None	None	Confidential and released
<b>Class VII Auditor</b>	Class VII Auditor	Class VII Auditor	Class VI Auditor	Public Class VII Auditor	Flag only	Public Class VII Auditor	OT X	OT X	OT X	OT IX	None	None	Confidential and released
<b>Class VI Auditor</b>	Class VI Auditor	Class VI Auditor	Class V Auditor	Public Class VI Auditor	Flag only	Public Class VI Auditor	OT IX	OT IX	OT IX	OT VIII	None	None	Confidential and released
<b>Class V Auditor</b>	Class V Auditor	Class V Auditor	Class IV Auditor	Public Class V Auditor	Flag only	Public Class V Auditor	OT VIII	OT VIII	OT VIII	OT VII	None	None	Confidential and released
<b>Class IV Auditor</b>	Class IV Auditor	Class IV Auditor	Class III Auditor	Public Class IV Auditor	Flag only	Public Class IV Auditor	OT VII	OT VII	OT VII	OT VI	None	None	Confidential and released
<b>Class III Auditor</b>	Class III Auditor	Class III Auditor	Class II Auditor	Public Class III Auditor	Flag only	Public Class III Auditor	OT VI	OT VI	OT VI	OT V	None	None	Confidential and released
<b>Class II Auditor</b>	Class II Auditor	Class II Auditor	Class I Auditor	Public Class II Auditor	Flag only	Public Class II Auditor	OT V	OT V	OT V	OT IV	None	None	Confidential and released
<b>Class I Auditor</b>	Class I Auditor	Class I Auditor	Class 0 Auditor	Public Class I Auditor	Flag only	Public Class I Auditor	OT IV	OT IV	OT IV	OT III	None	None	Confidential and released
<b>Class 0 Auditor</b>	Class 0 Auditor	Class 0 Auditor	Not Classed	Public Class 0 Auditor	Flag only	Public Class 0 Auditor	OT III	OT III	OT III	OT II	None	None	Confidential and released
<b>Not Classed</b>	Not Classed	Not Classed	Not Classed	Public Not Classed	Flag only	Public Not Classed	OT II	OT II	OT II	OT I	None	None	Confidential and released
<b>Not Classed</b>	Not Classed	Not Classed	Not Classed	Public Not Classed	Flag only	Public Not Classed	OT I	OT I	OT I	None	None	None	Confidential and released
<b>Not Classed</b>	Not Classed	Not Classed	Not Classed	Public Not Classed	Flag only	Public Not Classed	None	None	None	None	None	None	Confidential and released

**Additional training services that may be done at various points on The Bridge®**

**Third and Fourth Dynamic Training Courses**

**OT® Hatting Courses**

**OT Debg Service**

**Technical Specialist Courses**

**Case Supervisor Training**

**Other Technical Courses**

**Scientology Minister Course**

**Primary Roundup**

**Hubbard Life Orientation® Courses**

**Hubbard Key to Life® Course**

Awareness Characteristics

Total Freedom

Power

17 Clear

21 Source

20 Essence

19 Conditions

18 Realization

16 Purpose

15 Ability

14 Conviction

13 Skill

12 Protection

11 Activity

10 Prediction

9 Study

8 Adjustment

7 Self

6 Endowment

5 Understandings

4 Orientation

3 Perception

2 Consciousness

1 Recognition

-1 Help

-2 Hope

-3 Demand for improvement

-4 Need of Change

8 or more

7 or more

6 or more

5 or more

4 or more

3 or more

2 or more

1 or more

0 or more

Levels below "Need of Change" from human to materiality

**Additional processing services that may be done at various points on The Bridge®**

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5 or more

4 or more

3 or more

2 or more

1 or more

0 or more

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**Anatomy of the Human Mind**

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**The Way to Happiness Route**

**Hubbard Key to Life Course**

**How to Use This Chart**

**Definitions**



## Wins and Successes in the Scientology Independent Field

### Training

#### The Communications Course

The Communications Course has provided a big breakthrough for me. Initially, I believed I had handled all of my "buttons", however, on the second day, when I tried training exercise OT TR 0, I found it was a struggle to be comfortably present. Carolyn wouldn't let me give up and I was getting frustrated and tense and ready to quit but she kept helping me start again until I finally pushed through and was able to be comfortably present. What an amazing feeling! I was able to hold onto that for the rest of the course and it helped me improve in all the training regimens that followed. I'm excited to take this skill back into the real world and use it. SS

I am in a sales and management role at work. Proper communication to my clients, staff and vendors is paramount. While I am a good communicator, I know I can always improve. I took this course based on a friend's recommendation. It was different than any course I have

taken before and I believe it improved my ability to be a better advisor and to coach at work. This training will also positively impact communication with my family and personal network. KS

### Auditing

My win today is just certainty that I can play a bigger, better game in life across my dynamics and inject some sanity in all of them. I feel a tremendous amount of hope, but even better than hope, simpler than hope ... more like ... a resurgence of Cause.

I googled resurgence: It is a rising again into life, activity or prominence. It feels like a full-on resuscitation, an enjoyment of life and livingness.

My goodness, with over 30 years in SCN, look at the tools I have acquired:

Auditing, TR's, ARC, KRC, Tone Scale, Code of Honor, Way to Happiness precepts, Ethics tech, Word clearing/study technology, ability to 8C and use Tone 40, these are all things I have gained so much from.

It makes life worth living and it makes life fun and worthwhile and all these things just enhance the state of Cause. Stabilizes it. I feel as if I have gently and gradually stripped away the layers that prevented me from thinking I was Cause. Whether you like it or not, you cannot BE anything but Cause but you can sure THINK you're Effect. You are YOU. Big ass YOU. Instead of life kind of pushing me around, I kind of just ride "The Fun Wave" of Life. The idea is to win, help other win and minimize the losses. But even the losses are ok, heck I'll be humble and smile. There is always something new around the corner.

#### **Grade IV Success Story**

I am very very excited and happy to attest to being a Grade IV Release today!! Over the weekend I realized that I'm no longer stuck with old fixed ideas, and that I could just change my mind, and my attitude would change right along with it. I no longer have the need to identify with tired beliefs that may have once served me, and I have no desire what so ever to make others wrong or diminish their survival. I'm interested in helping people survive better or at a minimum tolerate them compassionately without invalidation. Thank you Ingrid for your diligent auditing and strict adherence to Standard Tech and Thank You Ron for packaging the Tech and giving it to mankind so we can be free and able.

#### **An OTIII Success Story**

I've been on OT III. Things started off well, but, for a few reasons my auditing ground to a halt. I scheduled with Ingrid to come back to LA to get debugged. The auditing was pretty much mind-blowing right from the start, and the wins I was having were huge. In fact one of the originations I was having was that I was done with OT III (woohoo!) Fortunately, Ingrid, with her calm persistence, TR-4'd the fact that there was more to audit. And fortunately I listened to In-

grid more than I listened to my case. There certainly were other things that were making the auditing go a little rocky.

I flew out to LA and Ingrid took me in session. It didn't take much auditing at all to get me back in touch with the case factors addressed on this level, and I spent the rest of my time in LA solo auditing under Ingrid's supervision. I was very much relieved to be back on the level.

I've been auditing at home for over a month since that trip and I wanted to write a success story, mainly about Ingrid's guidance on this level. I recently went back over and reviewed all my sessions on III from day one. That was a cringe-worthy endeavor. It was obvious to me now where my auditing skills weren't up to snuff early on. I can see where being a trained auditor would be a definite advantage in tackling the OT levels.

However, despite that, as I pointed out to Ingrid, my jumping in as a fool where angels fear to tread was necessary to developing the skills and to taking sufficient charge off to be able to effectively handle the area. As Ingrid pointed out to me, no amount of drilling can take the place of actually auditing

It is real to me that one is handling the core of aberration on this planet. It ain't a light thing. Earth is a pretty horrifying and overwhelming place if one takes a clear-eyed look at it. It's evident on OT III where all this is coming from. I'm very confident now in using the auditing tools to effectively handle the factors on this level, and to keep things running smoothly. I can also see (as Ingrid points out) that there is a boatload to handle on this level, and it takes a careful and thorough job of auditing.

As I said, this success story is ultimately about Ingrid's professional guidance on this level. Not a chance could I have gotten to this point without her precise help. I suspect I tried her patience on a number of occasions, though I wouldn't know it from her.

~oo00oo~



*Freedom*

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.


- SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

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***Quote from  
L. Ron Hubbard***

## **THE CODE OF HONOUR**

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

## **A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard**

### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

## **Expanded Know to Mystery Scale**

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State  
Not Know  
Know About  
Look  
Emotion  
Effort  
Think  
Symbols  
Eat  
Sex  
Mystery  
Wait  
Unconscious**

## PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?  
Personal integrity is knowing what you know-  
What you know is what you know-  
And to have the courage to know and say what you have observed.  
And that is integrity  
And there is no other integrity.

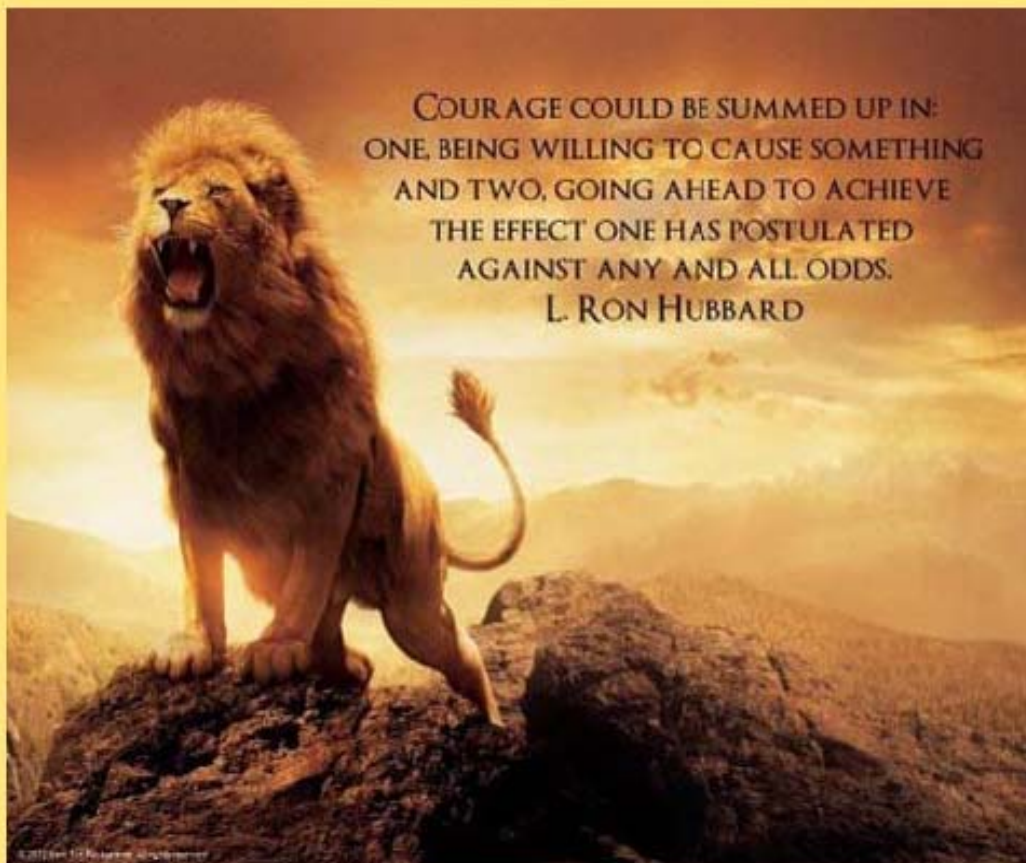
Of course we can talk about honor, truth, all these things,  
The esoteric terms.  
But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,  
A critical attitude or an open mind.  
But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard

# Group Starter Kit for Scientologists



## A Handbook for Field Scientologists Starting up a Group

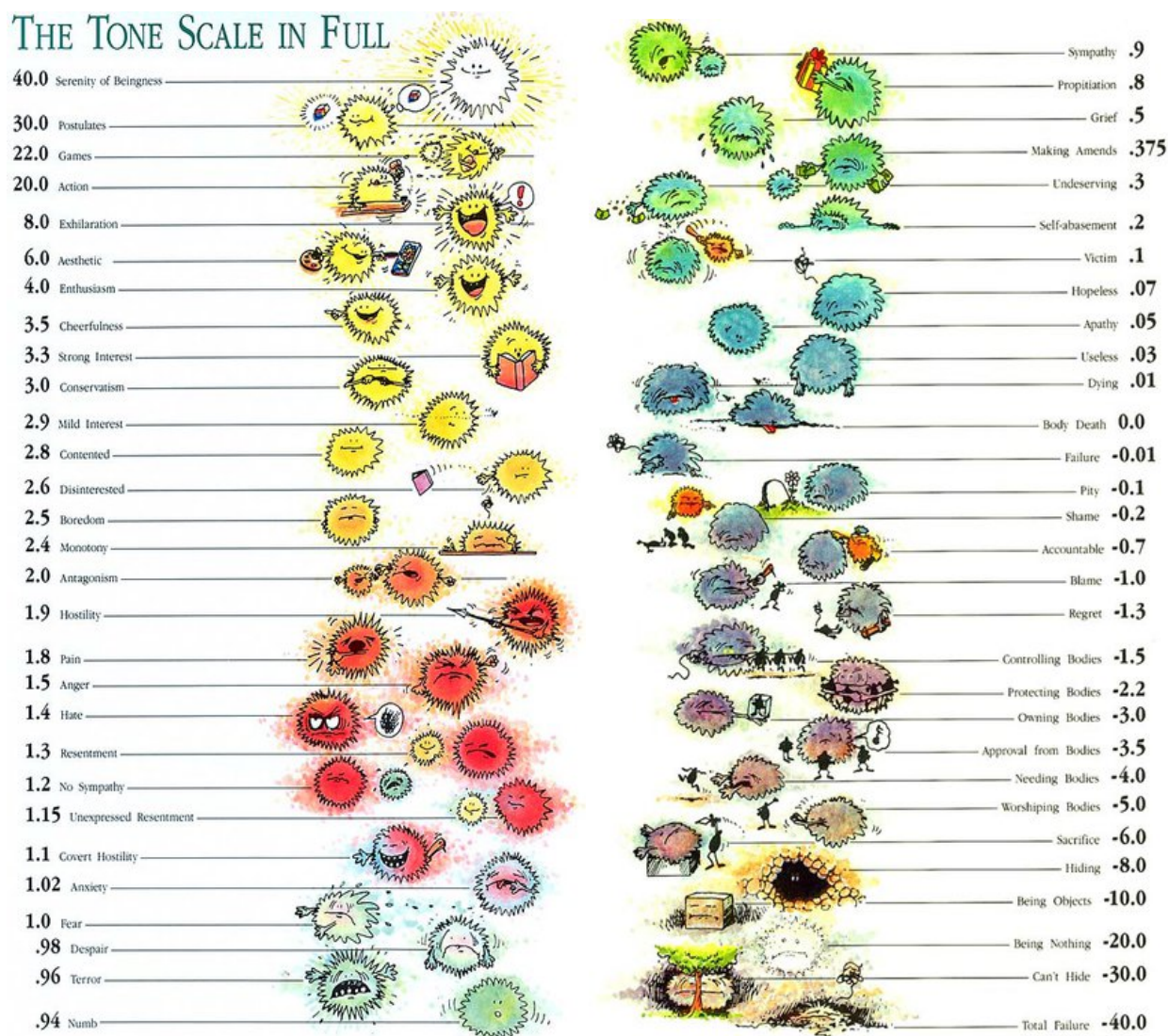
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# The Tone Scale in Full



## The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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association.net](http://independent-scientologists-association.net)**

# Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

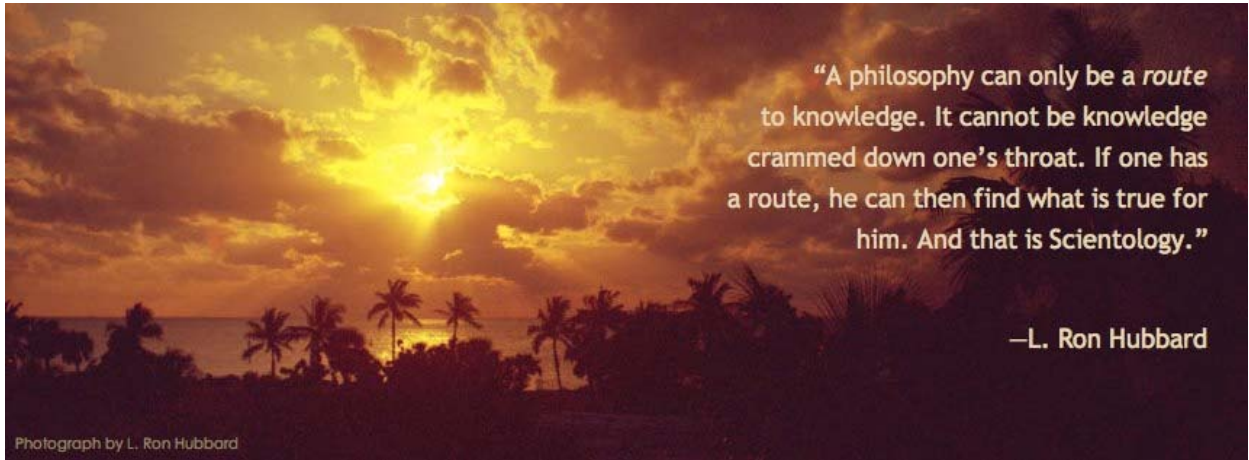
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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